Discipleship 101: Nourishing the Soul What is Discipleship?

Jacob O'Marrah

01/19/2022

What is Discipleship?

d Study	
Disciple (noun): "One who	his/her mind toward
something or someone."	,
 In our case, to be a disciple is to d 	lirect your mind toward the
	, and
of Jesus Christ.	
Matthew 28:18-20	
Γο Disciple (verb):	
Great Commission Matthew 28:19 ○ "Therefore" → v. 18	
Matthew 28:19	that we make disciples
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Matthew 28:19	-
Matthew 28:19	" (v. 19)



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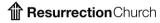
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0	Why is Baptism Tied to Discipleship?	
0	Luke 9:23: "Whoever wants to be my must	
	 deny themselves and take up their and follow me." "He who looks at Christ's cross, and take it up handsomely, will find it just such a burden as wings are to a bird." – Samuel Rutherford 	
• Third,	" them to observe all that I have commanded you"	
0	As we grow in we become ever more effective mediators of Christ's great commission.	
such as explair to look influen	Christians have received helpful training in certain essential areas of discipleship, s prayer, Bible study, worship, discovery of their spiritual gifts, or learning how to a the Gospel to someone else. Yet Jesus' followers also need training and skills in how beneath the surface of the iceberg in their lives, to break the power of how their past aces the present, to live in brokenness and vulnerability, to know their limits, to	
	ce their loss and grief" and to love as Jesus loved." – Peter Scazzero Truly effective discipleship must address health.	
Steps T • Discip • How d 1. We 2. We	oward Faithful Discipleship leship requires constant lo we disciple? e go e baptize	
	e teach me to Resurrection University!	
• we co	ine to resurrection oniversity:	

 ${\it Recommended Reading:}$

Scazzero, Peter, and Warren Bird. *The Emotionally Healthy Church: A Strategy for Discipleship That Actually Changes Lives.* Zondervan, 2003.

Sanders, J. Oswald. Spiritual Discipleship: Principles of Following Christ for Every Believer. Moody Publishers, 2007.



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