

What is Discipleship?

- Take a moment to talk with your table/jot down some thoughts about the question: "What is Discipleship?"

Word Study

- **Disciple (noun):** "One who _____ his/her mind toward something or someone."
 - In our case, to be a disciple is to direct your mind toward the _____, _____, and _____ of Jesus Christ.
- Matthew 28:18-20
- **To Disciple (verb):**

The Great Commission

- Matthew 28:19
 - "Therefore..." → v. 18
- It is by Christ's _____ that we make disciples

The Three Actions of Disciple Making:

- **First,** "_____ and make disciples" (v. 19)
 - It is only by _____ that we can make disciples.
- **Second,** "_____ them in the name of the Father, and of the Son and of the Holy Spirit."

- **Why is Baptism Tied to Discipleship?**

- **Luke 9:23:** “Whoever wants to be my _____ must deny themselves and take up their _____ and follow me.”
 - “He who looks at... Christ’s cross, and take it up handsomely, will find it just such a burden as wings are to a bird.” – Samuel Rutherford
- **Third,** “_____ them to observe all that I have commanded you”
 - As we grow in _____ we become ever more effective mediators of Christ’s great commission.

The Problem

- “Many Christians have received helpful training in certain essential areas of discipleship, such as prayer, Bible study, worship, discovery of their spiritual gifts, or learning how to explain the Gospel to someone else. Yet Jesus’ followers also need training and skills in how to look beneath the surface of the iceberg in their lives, to break the power of how their past influences the present, to live in brokenness and vulnerability, to know their limits, to embrace their loss and grief...” and to love as Jesus loved.” – Peter Scazzero
 - Truly effective discipleship must address _____ health.

Steps Toward Faithful Discipleship

- Discipleship requires constant _____.
- How do we disciple?
 1. We go
 2. We baptize
 3. We teach
- We come to Resurrection University!

Recommended Reading:

Scazzero, Peter, and Warren Bird. *The Emotionally Healthy Church: A Strategy for Discipleship That Actually Changes Lives*. Zondervan, 2003.

Sanders, J. Oswald. *Spiritual Discipleship: Principles of Following Christ for Every Believer*. Moody Publishers, 2007.



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